

THE CONTENT OF THIS DESCRIPTION IS NOT A LEARNING CONTRACT AND THE INSTRUCTOR IS NOT BOUND TO IT. IT IS OFFERED IN GOOD FAITH AND INTENDED AS A HELPFUL GUIDE TO THE STUDENT. THE OFFICIAL COURSE SYLLABUS WILL BE PROVIDED AT THE FIRST CLASS.

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TITLE: Pastoral Counseling

TERM: September – December 2018

SCHEDULE:

SCHEDULE: Classes begin the week of September 11, 2017; SAS timetable available on SAS Website: www.staugustines.on.ca for day, time and room location.

PROFESSOR: Josephine Lombardi

REGISTRATION: LIMITED TO 18

UNLIMITED _____

COURSE DESCRIPTION:

This course offers an introduction to the theory and practice of pastoral counselling. It includes theoretical presentations, personal reflection, group interaction and practice counselling.

CLASS OBJECTIVES:

- Acquire basic knowledge of pastoral counselling; its theory and process
 - Develop counselling skills of listening, questioning and responding
 - Investigate the resources available for referrals
 - Understand ethical issues in counselling

 - Reflect on personal issues affecting one's counselling skills
 - Appreciate the ministry of spiritual direction
- Attend to the need for self-care

PREREQUISITES:

REQUIRED TEXTS:

Course Reader on Blackboard

A Grief Observed

C.S. Lewis

New York: Bantam Books, 1961.

Strategic Pastoral Counselling. A Short-Term Structured Model

David G. Benner

Grand Rapids, Michigan: Baker Academic, 2003. (2nd Edition)

The Ministry of Listening. Team Visiting in Hospital and Home

Donald Peel

Toronto: Anglican Book Centre, 1980.

Grief Booklets by Dr. Bill Webster provided by Dr. Lombardi

POSSIBLE ASSIGNMENTS/PRESENTATIONS/TESTS:

- Observer forms with written feedback given to peers in practice counselling sessions demonstrating insight, use of theory and pastoral sensitivity **(10%)**
- 2000 word reflection based on C.S. Lewis' *A Grief Observed*, and attending to one's own life issues and challenges, strengths and growing edges that impact on one's ability to provide pastoral counselling **(20%)**
- 1500 word reflection on attending a 12-Step meeting (500 words on the process of the meeting and 1000 words on one's feelings and personal experience of the meeting) **(10%) due: November 19**
- Provide a one-page listing of referrals for various issues, in a given location provided by the instructor **(10%)**
- Live 20 minute counselling session that demonstrates a mastery of beginning pastoral counselling skills **(40%)**
- **Participation 10% (active participation, responses, etc.)**

ABRIDGED BIBLIOGRAPHY:

Clinical Handbook of Pastoral Counselling, Vol. 1. Expanded Edit.
Edited by Robert J. Wicks, Richard D. Parsons & Donald Capps
Paulist Press, 1993

The Wounded Healer
Henri Nouwen
Image Books, 1972
(*The Return of the Prodigal Son: A Story of Homecoming*)

Companions in Hope: The Art of Christian Caring
Robert J. Wicks & Thomas E. Rodgerson
Paulist Press, 1998

A Minister's Handbook of Mental Disorders
Joseph W. Ciarrocchi
Paulist Press, 1993

Exercises in Helping Skills
Gerald Egan
Australia: Thomson Books, 2007.

Ethics in Pastoral Ministry
Richard S. Gula
Paulist Press, 1996.

