

THE CONTENT OF THIS DESCRIPTION IS NOT A LEARNING CONTRACT AND THE INSTRUCTOR IS NOT BOUND TO IT. IT IS OFFERED IN GOOD FAITH AND INTENDED AS A HELPFUL GUIDE TO THE STUDENT. THE OFFICIAL COURSE SYLLABUS WILL BE PROVIDED AT THE FIRST CLASS.

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**TITLE:** Pastoral Psychology and Spirituality

**TERM:** January – April 2018 [20181]

**SCHEDULE:** Classes begin the week of January 8, 2018; SAS timetable available on SAS Website: [www.staugustines.on.ca](http://www.staugustines.on.ca) for day, time, and room location.

**PROFESSOR:** Dr. Mary Marrocco

**REGISTRATION:** LIMITED TO \_\_\_\_\_ UNLIMITED \_\_\_\_\_

**COURSE DESCRIPTION:**

Psychotherapeutic theory and practice in light of spirituality. To help students prepare for ministry and service by increasing both their understanding of psychological and spiritual issues which they and those to whom they minister will face, and their ability to respond appropriately according to their context. We will study some psychological, psychotherapeutic, and spiritual approaches and the connections among them, and will work with personal reflections, case studies, and practice counselling.

**CLASS OBJECTIVES:**

Students should:

- Gain familiarity with psychotherapeutic approaches to human healing, and better understand spiritual approaches of the Christian tradition (Religious Heritage).
- Become more deeply acquainted with their own psychological and spiritual lives (Personal-Spiritual Growth).
- Have a better sense of the links and distinctions between psychological/therapeutic work and faith/spirituality (Cultural Context).
- Improve their skills in critical thinking, writing and pastoral practice, and be better equipped to respond to the psychological, spiritual, and pastoral needs they will meet in ministry (Ministry and Public Leadership).

**PREREQUISITES:** None.

**REQUIRED TEXTS:** *Pastoral Psychology and Spirituality Course Reader 2018.*

**POSSIBLE ASSIGNMENTS/PRESENTATIONS/TESTS:**

Written reflection papers. In-class exercises. Midterm Oral Examination. Final Summative Exercise.

**ABRIDGED BIBLIOGRAPHY:**

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- Satir, Virginia. *The New Peoplemaking*. Mountainview, CA: Science and Behavior, 1988.
- Schnarch, David. *Passionate Marriage: Keeping Love and Intimacy Alive in Committed Relationships*. New York/London: W. W. Norton, 1997.
- Schwartz, Richard C. *Introduction to the Internal Family Systems Model*. Oak Park, Illinois: Trailheads, 2001.
- Van Deurzen, Emmy. *Psychotherapy and the Quest for Happiness*. London: Sage, 2007.
- White, Michael and David Epston. *Narrative Means to Therapeutic Ends*. Adelaide: Dulwich, 1990.
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